Pineapple, Carrot and Raisin Salad



Makes 4 Servings

Ingredients

- O 1 (10-ounce) bag shredded carrots or 3 carrots, peeled and shredded
- O 1 cup canned pineapple chunks, drained
- O 1/2 cup raisins
- O 1/4 cup plain yogurt

Directions

- 1. In a large bowl, mix carrots, pineapple, raisins and yogurt until coated.
- 2. Keep refrigerated in an air-tight container until ready to serve.



Recipe from: Feeding PA and PA Eats





feedingpa.org/hpi

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