

Apple Nachos

Makes 4 Servings

KID-APPROVED

Ingredients

- 1/2 cup plain yogurt
- 1 tablespoon syrup
- 3 large apples, cored and sliced
- 1/2 cup fresh or frozen berries, such as blueberries, raspberries or blackberries
- 1/4 cup raisins (optional)
- 1/4 cup crushed nuts, such as walnuts or peanuts

Directions

1. In a small bowl, mix yogurt and syrup.
2. Place apple slices on a plate. Drizzle with yogurt mix and top with berries, raisins (if using) and nuts. Serve and enjoy.

Recipe from: Feeding PA and PA Eats

