

Easy & Festive Pumpkin Mousse

Makes 4-5 servings

Ingredients

- 1 1/4 cups milk
- 1 (3.4-ounce) package instant vanilla pudding
- 1 1/4 cups pumpkin puree (homemade or canned)
- 1 teaspoon ground cinnamon, or pumpkin pie spice
- 1 cup vanilla yogurt, plain yogurt, or Greek yogurt
- 1/4 cup heavy cream
- 4 graham crackers, crushed (optional)
- 1/4 cup walnuts, chopped (optional)

Directions

1. In a large bowl, whisk milk and vanilla pudding until smooth. Fold in pumpkin and cinnamon until combined.
2. In a large bowl using a fork or whisk, beat yogurt and heavy cream together until thick.
3. Fold yogurt mixture into pumpkin mixture until just mixed. Top with crushed graham crackers (if using). Serve and enjoy.



Recipe from: Feeding Pennsylvania and PA Eats | Photo from BigStock