

Tuna and Cabbage Salad

Makes 4 Servings

Ingredients

- 2 (5-ounce) cans of tuna in water, drained
- 1/2 small head of purple cabbage, shredded (about 4 cups)
- 1/2 cup shredded carrots
- 2 teaspoons vinegar, such as apple cider vinegar, red wine vinegar or white wine vinegar
- 1 1/2 tablespoons olive oil or canola oil
- 1 teaspoon spice blend

Directions

1. Mix drained tuna, cabbage and carrots in a large bowl.
2. Mix vinegar, oil and spices in small bowl. Then add to the tuna mix. Stir.
3. Store in a sealed container in the refrigerator for up to 5 days.



Recipe from: Feeding Pennsylvania and PA Eats