Tomato Egg Bake Makes 4 Servings

Ingredients

- □ 2 teaspoons oil
- □ 1 small yellow onion, chopped
- 1 medium red bell pepper, chopped
- 2 cloves garlic, chopped small or 1/4 teaspoon garlic powder
- □ 1 teaspoon paprika
- □ 1/2 teaspoon chili powder
- Directions

- □ 1 (28-ounce) can crushed tomatoes
- ☐ 1/4 teaspoon salt
- □ 4 large eggs
- □ 1/4 cup crumbled feta (or other shredded cheese of choice)
- 2 tablespoons chopped fresh parsley (optional)
- 1. Heat oil in medium pan over medium heat. Add onions and bell peppers and cook until soft, about 5 minutes. Add garlic, paprika and chili powder and cook about 30 seconds. Stir in tomatoes and salt and cook about 10 to 15 minutes.
- 2. Remove pan from the heat and make 4 small wells in sauce. Crack eggs into each well. Cover pan and return to medium-low heat. Cook, until whites are set and yolks are cooked to your liking, about 8 to 10 minutes.
- 3. Top with feta and parsley (if using). Serve right away.



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Recipe from: Feeding Pennsylvania and PA Eats





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