Frozen Banana Yogurt Pops - 2 Ways

Servings: 6

Prep Time: 20-25 minutes, freeze about 3 hours Materials Needed: Baking sheet, mixing bowls, mixing spoon, measuring cups and spoons, microwave

Follow the base recipe below and choose 1 of the 2 options to complete.

Ingredients:

- O 3 bananas
- O 6 Popsicle sticks

Directions:

- 1. Line a baking sheet with wax paper or spray with nonstick spray.
- 2. Peel and cut bananas in half. Put popsicle sticks into each banana half on the cut end, making 6 banana popsicles. Lay popsicles on the baking sheet and place in the freezer for 15 minutes.

Option 1: Pink Party Pops



Ingredients:

- O 3/4 cup strawberry yogurt
- O 1 tablespoon milk (if needed)
- O 1/4 cup frozen raspberries, finely chopped
- O Pink or white sprinkles of choice (optional)

Directions:

- **3.** While the bananas are in the freezer, prepare the yogurt dip and toppings.
- 4. Place strawberry yogurt in a bowl. If the yogurt is thick, add 1 tablespoon milk to thin (more if needed).
- Dip the bananas in the strawberry yogurt, using a spoon to coat each banana evenly. Allow extra yogurt to drip off, then place on the baking sheet. Add sprinkles and frozen chopped raspberries.
- 6. Place bananas in the freezer for at least 3 hours or overnight.

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Option 2: Peanut Butter Pops with Chocolate Drizzle



Ingredients:

- O 3/4 cup vanilla yogurt
- O 2 tablespoons peanut butter
- O 1 tablespoon milk (if needed)
- O 1 tablespoon oil (canola or coconut, melted)
- O 1/2 cup chocolate chips

Directions:

- **3.** While the bananas are in the freezer, prepare the yogurt dip and toppings.
- 4. Place vanilla yogurt in a bowl. Add peanut butter and milk. Mix until smooth.
- In another microwave-safe bowl, add oil and chocolate chips. Microwave about 1 minute, stopping every 15 seconds to stir, until chocolate is melted.
- 6. Dip the bananas in the peanut butter yogurt mixture, using a spoon to coat each banana evenly. Allow extra yogurt to drip off and then place on the baking sheet. Using a spoon, drizzle bananas with melted chocolate.
- 7. Place bananas in the freezer for at least 3 hours or overnight.

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Notes: