

Baked Apple Parfaits

Makes 6 Servings

Ingredients

- ☐ 3 apples
- ☐ 1/4 cup rolled oats
- ☐ 2 tablespoons lightly packed brown sugar
- ☐ 1/2 teaspoon cinnamon
- ☐ 1/4 teaspoon salt
- ☐ 2 tablespoons butter, melted
- ☐ 1 1/2 cups vanilla yogurt

Directions

1. Preheat the oven to 350 degrees. Spray a baking sheet with non-stick spray.
2. Cut apples in half and remove the core using a small (paring) knife. Add apples to baking sheet, skin side down. Set aside.
3. To make granola: In a bowl, mix oats, brown sugar, cinnamon, salt and butter with a fork. Using a spoon, add the mixture to each apple. Bake for 30-35 minutes.
4. Once apples are baked through, allow to cool for 5 minutes. Serve with a large scoop of vanilla yogurt and an extra sprinkle of cinnamon (optional).



Recipe from: Feeding Pennsylvania and PA Eats