

# Roasted Butternut Squash

Makes 4-6 Servings

## Ingredients

- Pre-cut (1-inch cubes) medium squash (about 3 cups)
- 1 tablespoon maple syrup
- 1 tablespoon of soy sauce
- 1 teaspoon of cinnamon

## Directions

1. Mix the maple syrup, soy sauce and cinnamon together.
2. Place the squash on a parchment-lined baking sheet. Drizzle the mixture on the squash.
3. Roast on middle rack for about 10 minutes. Flip squash and roast for 10 more minutes.
4. Remove from oven. Can be served as a side dish or added to a salad.



Recipe from: Char Nolan