

Lettuce Cups



Makes 2-4 Servings

Ingredients

- 2 (5-ounce) cans of tuna or chicken
- 1 tablespoon mayonnaise
- 1 tablespoon plain Greek yogurt
- 1 teaspoon celery salt
- 1 teaspoon freshly ground black pepper (optional)
- 1 small head of romaine lettuce

Directions

1. In large mixing bowl, combine canned tuna or chicken with mayonnaise and plain Greek yogurt. Add celery salt seasoning, and black pepper and stir together.
2. Place mixing bowl in refrigerator for 10 minutes to chill. While waiting, pull off leaves from romaine lettuce, rinse and dry off with a paper towel.
3. Remove chilled mixture from refrigerator, then divide mixture between lettuce cups equally and enjoy right away.

Recipe from: Feeding PA and PA Eats

