## Fruit Soup



## **Makes 2 Servings**

## Ingredients

- O 1 cup frozen strawberries
- O 1 cup frozen raspberries
- O 1 cup frozen blueberries
- O 2 bananas, sliced and frozen
- O 1 teaspoon honey
- O 2 cups milk, divided
- O 1 teaspoon cinnamon

## **Directions**

- 1. Combine frozen strawberries, raspberries, blueberries and bananas and divide between two serving bowls.
- Drizzle honey over fruit and pour 1 cup of milk over fruit mixture in each bowl and sprinkle with cinnamon on top.

Recipe from: Feeding PA and PA Eats









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